Report to the NFOG Board

Clinical visit to Chárite University Hospital, Berlin, Germany (7.-18.1.2013)

I am currently doing my training in gynaecologic oncology at Turku University Hospital, Finland. Sytoreductive surgery of ovarian cancer has been under development in our unit. I applied to this visit to Chárite hospital, Berlin, since it is a large center with wide experience on primary debulking surgery and maximal sytoreduction in advanced ovarian cancer patients.

I was very satisfied with my visit. In two weeks time I took part in several ovarian cancer operations and also some Wertheim operations and benign surgeries.

The skills of the surgical team lead by professor Sehouli were impressive. The surgical technique in radical operations differed a bit from what I was used to. Especially the technique used to mobilize the colon, and the technique and extend of the lymphadenectomies gave some new insights to take home. The resection of the diaphragm is another thing what we have started to perform in Turku and it was useful to see how it was performed in skilled hands as a routine part of the tumor debulking. On the whole, the gynecologists performed extensive procedures by themselves, while the consultant GI surgeons were needed mainly when bowel anastomoses were made.

In addition to taking part in operations, I had some time to follow the patients´ treatment on the ward. I was also impressed by the well-organized system, how the tumour tissue was collected in operations and used in research collaboration.

Finally, the visit was very valuable for me and I want thank for the support by the NFOG fund.

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