

Controversies in endometriosis and adenomyosis. Eshre Campus 4-6. December 2014

The course was held in the city of Liege, one of the eldest university cities in Belgium. Liege is situated halfway between Brussels and Maastricht and located in the French speaking part of Belgium. The way to get there was challenged by Flemish signs and city names, but we managed to find both Löven/Louvein og Luik/Liege!

The course was organised by the Special Interest Groups; Reproductive Surgery and Endometriosis and Endometrium and was planned as a mixture of lectures and live operations. The venue was placed at an old University castle, very beautiful, but unfortunately far from the city centre.

The aim of this course was to define new clinical approaches and present new data on both endometriosis and adenomyosis. The pathogenesis, epidemiology and diagnosis were described in detail for both conditions. The programme focused furthermore on infertility issues in both endometriosis and adenomyosis just as the surgical approaches and possibilities were discussed in details. The different options for surgery were evaluated and live surgery sessions were performed by the Departments of Gynaecology and Obstetrics of both Leuven and Liège, illustrating the potential surgical approaches to these two pathologies. The course also addressed the cases of asymptomatic patients and the place of surgery in such circumstances.

One of the important take home messages was the need for consensus in the classification of endometriosis. Such a classification should describe both diagnostic (examination, TVU and MRI) and surgical findings. This will give a common understanding of the pathology and a common scientific language.

The impression of the course was good and in lighting and it was very inspiring to meet colleagues from all over the world who shared the same interest. Meetings like this are necessary in order to move in the same direction!

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