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Clinic visit to Kvinneklinikken, the University Hospital of Northern Norway 22.-26.9.2014

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I planned this visit with Professor Ganesh Acharya to deepen my knowledge of fetal blood circulation and fetal cardiac function. One idea is to collaborate on research.

22.9.2014

We started the day with report and followed by going around the clinic. We concentrated on the birth clinic and on the prenatal ward and the patients in it at the time. I followed the rounds and took part in the examinations and other routines. We performed several ultrasound examinations. I was shown the routines in this clinic and we tried to broaden the examinations as was meant do by the original idea. We finished the day with the second report for the team to be on call.

23.9.2014

Reports, rounds, examinations repeated as day before.

25.9.2014

Professor Acharya had a meeting outside the clinic so I had a day of.

26.-27.9.2014

Reports, rounds, examinations repeated as before.

During the days there we discussed several topics on fetal physiology. Professor Acharya demonstrated different fetal cardiac function examinations, A-V-plane displacement and different ways to use tissue Doppler and speckle reduction imaging. It was also important to note the limitations of different examinations or the available data to use these. There is not so much clinical data on fetal cardiac function, which would enable different studies to do. We also discussed the different ultrasound systems. We outlined some possible future research projects.

On the whole it is very important to visit! It is important to stand side by side with a teacher and to be able to ask different things rather than write an e-mail. Healthy dialogue speeds the exchange of ideas and misconceptions are solved at once. I am very pleased and privileged that I have received this grant from NFOG to visit the "kvinneklinikken" and Professor Acharya in Tromsø, "the Paris of the North".