

Current Techniques in the Treatment of Severe Endometriosis 4.-6.9.2017

IRCAD, Strasbourg, France

I participated in the operative endometriosis course organized by Ircad center in September. The purpose of my trip was to get more knowledge about the treatment of severe endometriosis and maybe get some new ideas for clinical practise in our clinic. I work as a part of endometriosis team in Turku University Hospital, which is a referral center for severe endometriosis patients.

Ircad is a laparoscopic training center, founded in the 1990s at the University Hospital in Strasbourg, and there are ongoing courses on laparoscopy focused on various fields (urology, gastroenterology, gynecology, neurosurgery, pediatrics, etc.). At least in this endometriosis course, the lectures and teaching were high-quality. Below are some of the features of the extensive lecture material.

Jörg Keckstein from Austria told about the Enzian system for the classification of deep endometriosis. He strongly recommended the use of the system because the ASMR system is not informative especially in the classification of deep endometriosis. The Enzian system is mandatory in German-speaking countries and for example Denmark uses it.

Philip Koninckx from Belgium advised to watch CRP postoperatively on a daily basis and to doubt the complication if it does not decrease on the third p.o. day. The patient should also get better all the time. Surprisingly, some of the lecturers considered preoperative US research somewhat unnecessary because they planned surgery based on laparoscopic findings.

The course's live-surgery was performed by Arnaud Wattiez. He used narrow-tipped bipolar forceps and scissors while we were used to using energy instruments. Otherwise there were no differences in the basic principles of operating technique and it was great to follow the work of a skilled operator. Preoperatively we saw live US-examination performed by Catherina Exacoustos from Italy. It was very interesting to see how the US-findings looked during the laparoscopy.

On two afternoons I attended hands-on training with the mini pigs. The same team was trained on both days: two pupils and a tutor, who was always available for advice. We practised preparing, anatomy, lymphadenectomy and laparoscopic suturing as well as vessel clamping and nephrectomy.

I found the course very interesting and I got many tips for my clinical work which can also be applied to our clinic's practise.

I want to thank NFOG for making my trip for this excellent course possible.

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