

Grant number: **NF18019**

## **Practical skills in advanced operative obstetrics**

**Bergen, Norway**

01.05.2018-02.05.2018

After a quite normal day at work, we met up at Copenhagen airport – our destination was beautiful Bergen; and we arrived at our small, cozy hotel around midnight.

After a good night sleep and a fresh walk in the sun to Kvinnekliviken, Haukeland Universitetssykehus, Bergen, we were ready to start the two days course: ‘Practical skills in advanced operative obstetrics’. The lessons of the course were a well-balanced shift between formal, theoretical lectures delivered by international experts and hands-on practical skills sessions in smaller groups.

The first day, the course focused on the biomechanical fundament of vaginal delivery, irregular cephalic presentation and instrumentation, especially forceps, which Kvinnekliviken in Bergen are well known for. The second day was dedicated to vaginal breech delivery and twin delivery with review of pitfalls and difficulties and repetitive hands-on sessions to facilitate practical skills from the theoretical sessions.

We met participants from all Nordic countries and from Lithuania, and the lecturers utilized the broad spectrum of nationalities to facilitate exciting discussions regarding different approaches at the maternity ward.

The course and the meeting with colleagues from our neighboring countries were a true eye opener.

Our warmest thanks to the NFOG fund for the financial support to participate in the course in practical skills in advanced operative obstetrics.

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