## Clinical exchange at Hôpital Nord with ENTOG in Marseille, France, 5/3-9/3

ENTOG, European Network of Trainees in Obstetrics and Gynecology is an organization that every year arranges exchange for trainees and young specialists.

I had the chance to visit the female clinic at Hôpital Nord in Marseille, France during three days in Mars. The purpose of the exchange was to get the insight and experiences the French health care system within obstetrics and gynecology. As well as to exchange ideas, knowledge and experiences with trainees from other ENTOG-member countries. During the exchange I attended gynecological surgeries, emergency room and delivery ward. In Marseille, we were ten trainees from Slovenia, Switzerland, Norway, Sweden, Denmark, Portugal, Croatia, Latvia, Lithuania and Estonia.

Hôpital Nord is one of two biggest governmental hospitals in Marseille. There are 2400 deliveries a year, the frequency of cesarean sections was 23,6 % in 2016.

The French healthcare system has much to offer within obstetrics and gynecology. France is also known for its advanced gynecological tumor surgeries.

The ENTOG exchange ended with the annual scientific meeting and Council in Paris during the EBCOG-congress, European Board and College of Obstetrics and Gynecology. During the scientific meeting, we discussed postpartum hemorrhages and had a workshop in how to manage the Bacri balloon. Another important topic was about how to gain professional self-confidence and independence as a trainee.

During the EBCOG-congress I attended interesting lectures, followed live surgery, practiced laparoscopy with simulator and discovered new helpful literature within obstetrics and gynecology.

The exchange with ENTOG was a fantastic experience. It was very interesting to encounter the health care system in another European country, to find the similarities and discover the differences. I have made friends with inspiring people.

I would like to thank NFOG for this wonderful opportunity to go for the exchange with ENTOG.

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