

Clinical visit to Tel Aviv Sourasky Medical Center

This year I have undertaken clinical visit Tel Aviv Sourasky Medical Center with the purpose of training surgical techniques and skills and gaining a deeper overall understanding of surgical procedures in the pelvis and lower abdomen.

As a resident of obstetrics and gynecology at Södersjukhuset in Stockholm, surgical training is undertaken both within the department of obstetrics and gynecology as well as within the department of general surgery. The reason I decided to undertake a clinical visit abroad is that I have a strong interest in gynecological surgery and surgical training and I wished to pursue further training of surgical skills. Tel Aviv Sourasky Medical Center is a teaching hospital affiliated with the Sackler School of Medicine at Tel Aviv University. The Division for Surgery and Gynecologic Oncology surgery are leading centers in Israel and perform a broad range of procedures with a large volume of surgeries annually.

My clinical visit at Tel Aviv Sourasky Medical Center was based in the division of surgery with focus on colorectal surgery and gynecologic oncology surgery. I took part in the everyday work at the clinic, focusing mainly ward rounds and surgeries. The work is differently structured and the role of the resident doctor implied long daily hours at the hospital depending on the scheduled surgeries and the condition of your patients on the ward. During my visit, I had the opportunity to spend time several hours daily in the operating room training surgical techniques and skills. The department consists of 160 patient beds as well as surgical ICU, which also meant training in treating patients with surgical complications as well as pre and post operative. I also attended study seminars for resident doctors as well as weekly morbidity and mortality meetings, as well as multidisciplinary rounds and weekly journal clubs.

I want to direct my warmest thanks to the NFOG fund for the financial support to undertake this clinical visit! Undergoing training at a leading academic center with large volumes of gynecologic oncology surgery and colorectal surgery provided me a great opportunity to train my surgical skills, as well as deepen my overall understanding of surgical procedures in the pelvis and lower abdomen and their complications. I also gained a better understanding of medical practices in a different health care settings as well as gaining new perspectives on the Swedish health care system and practices familiar to me. I feel that this inspiring and thought provoking experience helps me contribute with new perspectives and ground for discussions with colleagues at my home clinic and overall this clinical visit was a challenging, exciting and rewarding learning experience that I will bring with me throughout my continued career.

Sincerely,

Maja Weinryb, MD.

Department of Obstetrics and Gynecology

Södersjukhuset /Stockholm South General Hospital, Stockholm.