Ircad is a laparoscopic training center, founded in the 1990s at the University Hospital in Strasbourg. Ircad is organizing courses throughout year in laparoscopy. Courses are arranged to cover wide variety of different fields of surgery, such as general surgery, urology, gastroenterology, gynecology and neurosurgery, to mention few.

I work as a senior consultant in Turku University Hospital, which is a referral center for advanced prolapse surgery. The purpose of my trip was to get new insights and skills in prolapse surgery in order implement new content for teaching and clinical practice in our clinic.

Three day course was very intensive and included high-quality presentations concerning vaginal and laparoscopic prolapse surgery. First presentations handled anatomy, pre-operative work-up, laparoscopic suturing and other technical subjects. During the course we heard excellent reviews regarding prolapse surgery and different surgical techniques as well as expertise opinions. Course director Wattiez took care of discussion between presentations, which gave important value for the course.

First day included hands-on training on pelvic trainer. During second and third day we had hands-on training on live tissue, which was extremely effective and beneficial in order to learn new technique on suturing. Live surgery sessions performed by top experts gave a lot of useful new tips and tricks to my surgical practice.

I am grateful to NFOG for supporting me in taking part in Ircad course,

Sincerely,

Pia Heinonen

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