Susanna Jaakkola Saila Koivusalo Helsinki University Hospital 9.-13.4.2018

REPORT OF PARTICIPATING IN THE ADVANCED COURSE IN GYNECOLOGICAL ULTRASOUND, MALMOE, SWEDEN

We attended Gynecological ultrasound course in windy Malmoe in April 9.-13. 2018. The course was organized by Prof. Lil Valentin, Ass. Prof. Povilas Sladkevicius, and M.D. Ligita Jokubkiene from Skåne Universitetsjukhus. Ultrasound specialists also from Italy, England and Poland were invited lecturers. The participants on the course came from ten different countries, even from Philippines and Australia. There were altogether ten Finns taking part in the course, all of us from the Helsinki area.

We were beforehand aware of that the course would be intense, but its intensity surprised us anyhow. The days started 8.30 a.m. and stopped 6.30 p.m, and the timetable was strict. The high-level course was however very well organized and entities of the days were excellent and very inspiring. Theoretical education was connected to the clinical context practically. Ultrasound pictures and life scans were high quality. All course material was also available through website pages.

The course gave us practical tips to recognize benign and malign adnexal and uterine masses using IOTA (International Ovarian Tumor Analysis), MUSA (Morphological uterus sonographic assessment), IDEA (International deep endometriosis analysis), IETA (International endometrial tumor analysis) guidelines. The course included also problems in an early pregnancy including ectopic pregnancy and its ultrasound findings.

The course deepened our knowledge about ultrasound diagnosis a lot and aroused an interest in policlinic work. The course gave us a lot of knowledge to share with other colleagues and we can really recommend this course to all gynecologists.

We thank NFOG for this wonderful opportunity to take part in this excellent ultrasound course in Malmoe.