

Clinical observership in urogynaecology in Brisbane, Australia (4 weeks)
November 2018
NF no. 233

The NFOG Fund generously supported part of my expenses related to a four week clinical observership in urogynaecology in Brisbane, Australia. The visit was planned with Prof. Christopher Maher who is a tertiary-referral urogynaecologist at two private hospitals (the Wesley Hospital and The Mater Hospital) and one public hospital (the Royal Brisbane Women's Hospital). The Australian health care system is approximately fifty-fifty private and public whereas the Danish is mainly public and the private only accounts for a minor part of treatment.

The primary purpose of my clinical visit was to observe especially the laparoscopic approach to prolapse surgery. The high volume of operations and the complexity of the patient cases gave me the opportunity to observe the different surgical technics from Prof. Christopher Mahers skilled and experienced hands. I also had the opportunity to observe surgeries for different types of pelvic organ prolapse and urinary incontinence both primary surgery, repeated surgery and also more complex surgery for mesh complications.

I was very inspired by the high level of research in a busy daily clinical work. Between operations recent published literature on different urogynaecological topics were discussed. The newly published papers were mailed two day in advance to prepare for the discussions. I also participated in research meeting and we exchanged research ideas.

I am grateful to NFOG for supporting this visit and giving me the possibility to visit Professor Christopher Maher and his team in Brisbane. I am also grateful for the both the personal and the professional relationship that I received from this.

November 2018

Rikke Guldborg, MD, PhD

Urogynecological section

Aarhus University Hospital

Denmark