

## **Report for NFOG found from the Advanced Ultrasound Course in Malmö January 20th to 24<sup>th</sup> 2020**

Thank you for receiving the NFOG grant for our ultrasound course in Malmö Sweden.

We had the pleasure to improve our ultrasound skills and knowledge on an advanced ISUOG approved course.

The course is very popular and there were attendees from over 20 different countries all over the world but most of us were from the Nordic countries.

The course was very intensive with excellent lectures and some live scan sessions from 8 am to 6 pm. We learned a lot about the ultrasound diagnose in many gynecological problems.

The head of the course is prof Lil Valentin who is experienced and wellknown ultrasound expert. Her lectures were practical and clear. There were also many other ultrasound experts from around Europe sharing their knowledge about gynecological ultrasound.

The first day was about ultrasound technique. The second day was about adnexal masses, the IOTA terminology and how to spot malignancies among benign lesions. The third day was dealing with gynecological oncology. On the fourth day we concentrated on uterine pathologies, uterine malformations and endometriosis. On the fifth day we learned about early pregnancy ultrasound and we had the opportunity to become IOTA certified with an IOTA test. In every morning we had summary of yesterday's lectures which was very good.

During the breaks we tested ultrasound machines and learned to find all the settings and programs to get the best possible image.

In the beginning of the course we made diagnostic test and at the end of the course we made the same test again to see the improvement during the course. We got the results of the tests afterwards and we recognized that we had learned a lot.

The course was very well organized and thorough. It was interesting to hear about different ways to treat patients between the countries and meet new colleagues.

We are grateful that we had the opportunity to attend the course and for the financial support we got from NFOG for this course.

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