



NFOG Board meeting

Minutes Meeting

Date: Tuesday, March 24th, 2020
Time: 18:00 – 19:30 Swe/Den/Nor (Finland 19:00-20:30, Iceland: 17:00-18:30)
Place: Zoom-meeting; <https://zoom.us/> , invitation by specific link.

13 Participants; Oskari Heikinheimo (**President & SGY**), Kristina Renault (**Treasurer**), Espen Berner (**Secretary General**), Hanne Brix Westergaard (**DSOG**), Annemette W Lykkebo (President elect **DSOG**), Alexander Smáráson (**FÍFK**), Eva Uustal (**SFOG**), Kirsten Hald (**NGF**), Antti Perheentupa (**Scientific Committee**), Hanna Lilja Oddgeirsdóttir (**NFYOG**), Lars Ladfors (**Webmaster**), Ganesh Acharya (**AOGS**) Ragnheiður L. Bjarnadóttir (**NFOG Reykjavik2021**).

The proposed NFOG textbook contract and the Scientific Committee proposal for NFOG Fund March 2020 were sent to the NFOG Board members prior to the meeting.

1. **Opening & registration of participants and approval of the invitation and agenda**

The President Oskari Heikinheimo (OH) opened the meeting.
The invitation and agenda were approved.

2. **NFOG fund, approval of Scientific Committee proposal**

Antti Perheentupa (AP) presented the Scientific committee (SC) proposal for NFOG Fund for March 2020. The Board specified that applications for courses is generally granted for maximum DKK 10.000,-. NFOG Board approved the SC proposal for NFOG Fund March 2020.

3. **Approval of NFOG Textbook contract**

The proposed contract for NFOG textbook has previously been approved in e-mails from the national societies. According to the minutes from NFOG Board meeting in Oslo November 2019 the textbook contract was to be approved during the next Board meeting.
NFOG Board approved the proposed textbook contract.

4. **Next NFOG Board meeting May 13th, 2020**

Due to corona outbreak, Board meeting in Bergen is cancelled and replaced by a one day zoom meeting. Invitation and proposed agenda will be sent out to board members by Secretary General (SG). Decision: Next NFOG Board zoom-meeting Wednesday May 13th 09:00 -17:00

5. **Planning the Board meeting in Reykjavik November 2-3rd 2020**

The NFOG board meeting November 2-3rd in Reykjavik was discussed. A physical meeting is preferred but might be difficult to arrange due to the ongoing corona outbreak. The flight schedule to/from Iceland is currently uncertain. Board members should prepare to arrive Sun Nov 1st and depart from Iceland Wed Nov 4th. Decision: The schedule and practical solutions



NFOG Board meeting

for the Board meeting November 2020 is decided during the Board zoom meeting in May.

6. EBCOG

The EBCOG 2020 congress was discussed. At current date, the EBCOG congress is not officially postponed nor cancelled. The NFOG Board is concerned that the congress will be and arranged the same time/year as NFOG Congress in 2021.

Decision: When the Congress 2020 is officially cancelled by EBCOG, the NFOG President will contact EBCOG to address the concerns of arranging congresses same time/year as NFOG.

7. Nordic collaboration: Cases for obstetric COVID-19

A Nordic collaboration on corona studies was discussed. The Nordic Obstetric Surveillance Study (NOSS) group is already working to start a study protocol for Covid19. NFOG encourage the work of implementing ICD10 diagnosis of Covid19 in the Nordic birth registries.

Decision: NFOG encourage the NOSS group to perform studies on Covid19. NFOG wants to promote and support such studies financially.

8. Information from the Nordic societies (including national Covid-19 updates)

Denmark: DSOG informed that their general assembly in april 2020 is postponed.

Consequently, Hanne Brix Westergaard (HBW) continues as DSOG president until the general assembly is arranged in the fall 2020. Both HBW and Annemette W Lykkebo (President elect DSOG) will attend NFOG meetings until the DSOG general assembly 2020 is arranged.

Today, the Danish board of health sent out a national recommendation regarding Covid19 during pregnancy and postpartum. A clinical guideline and flowchart for pregnancy and postpartum has been developed. There is a lack of personal protection equipment (PPE) in Denmark. Therefore, there is a concern that the midwives are not allowed to use PPE during deliveries. All pregnant healthcare workers in Denmark shall not work with Covid19 patients. All pregnant women in third trimester should not be at work. Pregnant women with cardiac or lung problem should not work during pregnancy during the corona epidemic. The Covid19 guidelines in Denmark is based on experience from SARS and influenza infections. Therefore, the pregnant women are regarded as high-risk for Covid19.

Sweden: The Infpreg group in Stockholm (neonathologists and gynecologists) has already published guidelines. New diagnostic codes for Covid19 is published (Graviditetsregisteret). Lack of testing and equipment's is frustrating. Most hospitals have canceled elective surgery. There is a wait and see feeling regarding the corona in Sweden.

Norway: NGF has published recommendations for pregnancy and Covid19. A national recommendation for prioritize treatment in healthcare system during corona epidemic is



NFOG Board meeting

worked out. Elective surgery is temporary cancelled in Norway. Experience of 1 pregnant woman (week 26) in intensive care unit is known. The Norwegian medical association has recommended that pregnant women should not work directly with corona positive patients.

Iceland: Started early active testing and quarantine. At current date, 600 cases of Covid19 in Iceland, <1% infected. Iceland has experienced a slower epidemic due to testing and quarantine. 3 pregnant women infected in Reykjavik. Iceland recommends isolating (social distancing) pregnant women after week 36. No elective surgery. Iceland follows the RCOG guidelines and guidelines from other Nordic countries for Covid19.

Finland: The Covid19 epidemic in Finland is 2-3 weeks behind the other Nordic countries. Elective surgery is still performed, except for women aged 70+ and high-risk patients. Pregnant women are not regarded as high-risk for Covid19. Preparations are made to stop all stop elective functions. Finland is following the ESHRE guidelines for Covid19. No national guidelines for pregnancy.

Board decision: A link to national guidelines for Covid19 is put on the NFOG web page.

9. **Other businesses: AGOS:** Ganesh Ascharya informed of the need to get a new associated editor (AE) for AOGS. Sweden has for 6 months not provided a new AE. Therefore, Ganesh asked the Board to advertise for a position as AE in all the Nordic countries. Advertise for editor. Decision: The Board approved to advertise for AE in the all the Nordic countries.
10. **Other business-FIGO application:** Hanne Brix Westergaard informed that the application to host FIGO congress has been sent from Denmark, waiting for a reply.
11. **Other Business: Reykjavik 2021:** Ragnheiður L. Bjarnadóttir informed shortly of the work NFOG Reykjavik2021
12. **Other Business - SWEPIS-study:** The SWEPIS study was briefly discussed. HBW informed of the discussion and critics of the SWEPIS-study in Denmark. DSOG has asked the National board of health to perform a national guideline for induction. Denmark continue induction before week 42. Lars Ladfors informed of less implementation of the SWEPIS conclusion in Sweden due to corona.
13. **Closing:** The board meeting was closed by Oskari Heikinheimo 19:30.