

Swedish recommendations for the management in week 41 of pregnancy (41+0-41+6), November 2021

- Maternal health services should provide all pregnant women with oral and written information on management in week 41 of pregnancy.
- The woman should be in labor, or should have given birth before week 42+0.
- At the beginning of week 41, one of the following options is recommended in consultation with the woman:
 - o Offer induction of labor.
 - o Offer an examination and assessment of the well-being of mother and baby with individual planning.

The following risk factors should be considered when prioritizing induction in early week 41:

- Suspicion of medical complications or abnormal findings on examination of the woman or fetus.
- Maternal age ≥ 40 years.
- Primiparas.
- BMI ≥ 30 kg/m².
- Origin from Sub-Saharan Africa.

The proposed national recommendations regarding the management of pregnancies after week 41 are based on a review of scientific data, experience from different clinics and professions, patient experience and taking into account organizational perspectives.

The group's recommendations relate to healthy pregnant women. For pregnancies with medical and/or obstetric conditions such as, for example, multiple births, diabetes, hypertension, egg donation, known intrauterine growth retardation or other conditions requiring special management, other medical guidelines and clinical practice exist.

In case of prioritization, risk factors considered to be significant for IUFD were taken into account. Risk factors judged to have a moderate or uncertain impact on the risk of IUFD, such as smoking, previous caesarean section, communication difficulties and level of education were not included in prioritization. Selection of groups to support prioritization may change if the scientific evidence changes.

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