

Report for NFOG fund from the Advanced Ultrasound Course in Malmö, November 21th to 25th 2022

We had the pleasure to improve our gynecological ultrasound skills and knowledge on the advanced ISUOG approved course, which was already well known and recommended by many of our colleagues in Finland.

We were very excited as the course finally took place after several rearrangements due to the COVID-19 pandemic. There were nearly 160 attendees, mostly from Nordic countries but also from Asia and New Zealand. The course had quite an intense program, with a five-day lecture schedule from morning until evening each day. We had opportunity to learn from several experts in the field of ultrasound, of which many are members of IOTA group. There was a lot of discussions in the audience regarding different diagnostic approaches in different parts of the world.

As in the past years, the course was led by professor Lil Valentin, a renowned expert in the field of gynecological ultrasound. The course started with a profound look into the physics behind ultrasound. We were also introduced to the IOTA terminology and classification.

In the following days the approach was more clinical, as we learned more about how to apply the IOTA methods in our practical work. We touched subjects like adnexal masses of different kinds, including ovarian malignancies, different kind of myomas, adenomyosis, endometriosis etc. Lastly the focus was on ultrasound diagnostics in early pregnancy.

On the last day of the course we had the opportunity to take the IOTA certification test. We also had a skills test both at the beginning and the end of the course, enabling us to realize how much we had learned during the week.

We are grateful that we had the opportunity to attend the course and for the financial support we got from NFOG for this course.

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