

Visit to Herlev hospital urogynecological clinic

I had the opportunity to spend a week in November 2024 at the urogynecological department of Herlev hospital in Copenhagen, Denmark. The urogynecological clinic at Herlev hospital is a urogynecological referral-clinic in the Copenhagen area, and for example all colposacropexies with mesh are done at this hospital. I had been in contact with Niels Klarskov, who is acting as clinical professor at the hospital, beforehand and he made me feel extremely welcome, both before and during my stay.

During my stay I had the opportunity to follow several operations in the operating room; I had the chance to discuss the details of the Manchester procedure with Niels and also had the opportunity to observe a Bob Shull-operation for vaginal vault prolapse which I had never seen before.

I also had the chance to learn from the practices at the outpatient urogynecological clinic; I watched nurses perform urodynamic studies and administer intravesical Botox and did get a lot of good ideas of how to implement these things more effectively at our clinic.

Last but not least, I had the chance to discuss with experienced colleagues about different aspects of urogynecology and especially about things that differ in the way we treat patients. I feel that these discussions were extremely fruitful and broadened my horizons in the field.

I thank the NFOG for making this clinical visit possible!