

Short report – Expert training, Narita Japan 2025

Dear board

On April 1st, I started my visit to Narita Hospital, International University of Health and Welfare (IUWH).

I spend nearly 2 months at the hospital and had the opportunity to learn from highly skilled surgeons. As a relatively small unit (which is the norm in Japan, as centralization of onco-gynecologic treatment is not as well established as in Nordic countries), some of the sub-groups of gynecologic cancers were not quite as well represented as I hoped. However, I luckily got to participate in highly specialized minimally invasive surgery as well as open surgery in a variety of cases.

I was very warmly welcomed and the cultural differences in clinical care and treatment were an extremely interesting subject of discussion during my visit. These discussions were fruitful for both my Japanese colleagues and for myself. It forces you to look with different eyes on your own practice, and the fact, that we all rely more or less on the same scientific base when treating our patients, culture and different interpretations still makes doctors practice differently.

I have made new personal friendships as well as potential future collaborators on research and exchange of knowledge, and I am very thankful that NFOG chose to support my project.

Kind regards,

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