



# Minutes NFOG General Assembly 2025

**Date:** August 26, 2025

**Place:** Uppsala

## **Present**

**NFOG Board:** Alexander Kristinn Smáráson, Sebastian Gidlöf (Secretary General), Vasilis Sitras (Treasurer), Mette Fabricius (DSOG), Matthildur Sigurðardóttir (FÍFK), Marion Ek (SFOG), Marjo Tuppurainen (SGY), Solveig Bjellmo (NFG), Michelle Kanne (NFYOG), Lars Ladfors (Webmaster), Amar Bhide (Chief Editor AOGS), Inger Sundström Poromaa (Congress President, NFOG Uppsala 2025), Niels Ulbjerg (NFOG Textbook), Terhi Piltanen (Scientific Committee), Heiðís Valgeirsdóttir (NORD-ACT)

**Delegates:** DSOG, Denmark (5 votes): Maria Cathrine Schmidt (3 votes) and Danny Svane (2 votes). SFOG, Sweden (7 votes): Ulrika Ottander (7 votes). SGY, Finland (4 votes): Päivi Polo (2 votes) and Maarit Niinimäki (2 vote). NGF, Norway (5 votes): Birgitte Sanda (3 votes) and Agnethe Lund (2 votes). FÍFK, Iceland (1 vote): Asta Gudrun Sighvatsdóttir (1 vote).

**Internal auditors:** Espen Berner and Kristina Renault

The General assembly is open to all members of NFOG. There were 29 members (including the board) present at the meeting.

## **1. Opening**

Alexander Kristinn Smáráson opened the General Assembly.

## **2. Delegate call roll and agenda**

Oskari Heikinheimo was proposed and elected to chair the General Assembly. Päivi Polo and Hulda Hjartardóttir were proposed and elected for checking the minutes. The invitation and agenda was approved. Sebastian Gidlöf made sure all member countries were represented including holder of votes.

## **3. Report by the NFOG Board**

Alexander Kristinn Smáráson reported the most important activities of the board in 2023 and 2024. The NFOG board has met regularly to take care of running matters. In 2024, Amar Bhide was recruited as chief editor after Ganesh Acharya. Sebastian Gidlöf and Kenny Rodriguez Wallberg were recruited as deputy chief editor. The congress 2023 in Trondheim was very successful. The NFOG Fund has granted clinical and scientific projects of DKK 600.000–700.000 annually. The NFOG Textbook has been established. Alexander Kristinn Smáráson acknowledged the important work of NFYOG. A special acknowledgement was given to Lars Ladfors who has served many years as webmaster. Two coming projects, NORD-ACT focusing on scientific collaborations and a Nordic course on maternal medicine were briefly introduced.



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## 4. Committee reports

4.1 Scientific committee: Terhi Piltanen presented the work of the Scientific committee. The committee has reviewed grant applications, reviewed the abstract for the NFOG2025 congress and worked to improve the scientific work in the Nordic countries. The last two years the total sum of grants from the NFOG Fund has amounted to about DKK 700.000 annually. The average acceptance rate for submissions have been about 80%. Among granted projects Terhi Piltanen mentioned certain collaborations between several Nordic countries. The NORD-ACT working group is an organisation to strengthen multi-center clinical trials in the Nordic countries. Anne Hammer raised a concern that the group should consist of more non-obstetricians to promote research in all fields of obstetrics and gynecology. The group is now formed into a committee of its own of NFOG. The Scientific committee suggest that the NFOG Fund will grant a fixed amount of DKK 500.000 per year.

4.2 NFOG Textbook: Niels Ulbjerg provided a report from the electronic NFOG Textbook. The goal for the upcoming years is to increase the number of chapters co-authored by authors from all Nordic countries. There is also an on-going work to write clear explanations to the answers for the multiple choice questions.

4.3 NFYOG: Michelle Kanne provided the report from the work of NFYOG. Since the last General Assembly the NFYOG has held regular online webinars. At the NFOG2025 congress NFYOG has hosted one social event and two scientific symposia. There is a strategic plan to increase activities on social media, increase clinical exchanges and the exchange of clinical knowledge.

## 5. Treasurer's financial report, auditors' report, proposal for budget and annual fee for 2026 and 2027

Vasilis Sitras provided the financial report for 2023 and 2024. The final accounts have been approved by both the external and internal auditors and were circulated at the General Assembly. The net result for 2023 was DKK -574.345 and in 2024 it was DKK 20.521. The NFOG Fund closing balance has reduced the last three years.

Vasilis Sitras presented the NFOG Board's proposal for the budget and annual fees of 2026 and 2027. The proposed budget and annual fees were approved by the General Assembly with the addition that 100% of the surplus (if any) should be transferred to the NFOG Fund.

## 6. Discharge of liability

The General Assembly granted the NFOG Board discharge of liability.

## 7. Elections

8.1 Alexander Smárason was elected chairman for a continuing period of two more years.

8.2 Marie Søgaaard was elected secretary general for a period of four years starting August 26, 2025.

8.3 Kristina Renault and Espen Berner were elected internal auditors for the next period of administration.



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8.4. Aaen & co accountant firm in Copenhagen was elected to continue as authorized public accountant.

## 8. Next congress

Tampere will be the host for the upcoming NFOG2027 congress.

## 9. Acta Obstetricia et Gynecologica Scandinavica (AOGS)

Chief Editor Amar Bhide gave the AOGS report. He presented the constitution of the AOGS Editorial Board as well as the international editor board. Denmark will recruit a new associate editor. AOGS has published two theme issues in 2024, one on uterus transplantation and one on placenta accreta. A theme issue on pelvic floor disorders is planned to be published in 2026. The number of submissions has increased from 858 in 2022 to 1.614 in 2024. The rejection rate has increased accordingly to keep a stable number of accepted articles. The challenges AOGS still facing include no transfer agreement for Norway, Denmark and Iceland, a reduction in impact factor and a steep increase in the number of new competing journals. New initiatives include selection of article of the month, podcast on the article of the month and an AOGS Youtube channel, opinion articles, point/counterpoint articles, and commissioning articles.

## 10. Website

Lars Ladfors gave the report on the NFOG website. Kristiina Rönö will take over after Lars Ladfors in the autumn of 2025.

## 11. Other businesses

11.1 Alexander Kristinn Smáráson suggested that the planned congress in 2029 will instead be held in 2030 in order to not collide with the FIGO and EBCOG congresses and to provide enough time for Iceland to prepare the congress to be held in Reykjavik. The proposal was approved by the General Assembly.

11.2 Kristina Renault presented the upcoming Nordic course on maternal medicine (Nordic Next Level Obstetrics, (NNLO)) which will be an advanced course for experienced specialists to be held biannually.

## 12. Closing of the General Assembly

Oskari Heikinheimo closed the meeting.

Uppsala August 26, 2025

In witness there of:

Sebastian Gidlöf  
Secretary General NFOG

Oskari Heikinheimo  
Chair of the NFOG General Assembly 2025

Päivi Polo  
Checker of the minutes

Hulda Hjartardóttir  
Checker of the minutes