



## NFOG Board meeting October 2025

Date: October 31, 2025

Place: Digital meeting

Present members:

NFOG officers: Alexander Kristinn Smáráson (President), Marie Søgaaard (Secretary General), Vasilis Sitras (Treasurer)

National societies: Mette Fabricius (DSOG), Matthildur Sigurðardóttir (FÍFK), Marion Ek (SFOG), Solveig Bjellmo (NGF), Marjo Tuppurainen (SGY), Ulrika Ottander (incoming president SFOG), Päivi Polo (incoming president SGY), Agnethe Lund (incoming president (NGF)).

NFOG Committees/Activities: Michelle Kanne (NFYOG), Mathias Grøn Böckel-Lundorff (incoming chair NFYOG), Amar Bhide (Chief Editor AOGS), Niels Ulbjerg (NFOG Textbook), Helodis Valgeirsdottir (NORD-ACT), Inger Sundström Poromaa (Congress President, NFOG Uppsala 2025), Karolina Louvanto (Congress President, NFOG Tampere 2027), Kristiina Rönö (Webmaster), Anne Hammer (Chair, Scientific Committee)

### 1. Opening, approval of invitation and agenda

President AKS opens the meeting. The agenda is approved. The primary focus of this meeting is to accept the application for the NFOG grants. Presentation of the new board.

### 2. Approval of minutes NFOG Board

There are small changes to the minutes from the board meeting 24<sup>th</sup> August 2025 – will be followed up with the previous secretary Sebastian. During the meeting, Sebastian has send the corrected minutes to Alexander and Vasilis.

The minutes from the general assembly August 2025 are approved

The minutes from the constitutional board meeting August 2025 are approved

### 3. Scientific Committee and NFOG Fund Applications October 2025

Anne Hammer, new chair of the scientific committee shows the applications for the fund, all together 337257 Danish kroner. Everybody who fulfill the rules for applications have had a grant. Some have had a lesser amount than applied to follow the rules. There has been spend a little less amount of money from the Fund in 2025 than budgeted. Approval from the board for all the suggested grants.

Amar raises that there are no applications from Finland. Paivi will try to get more attention to the fund in Finland.

Anne will send a letter with the conditions connected to the grant to those, who receive a grant.

AKS raises the issue, that you can not apply for a course in your own country. For example it might be a little unfair for the Danes, who can not apply for the NFOG obstetric course, if it is held in DK. We will think about this and discuss it later. Anne suggest that we can make a small change saying normal we don't support courses in the residence country unless a specific course/reason.

Anne shows some small changes to the term for the grants. Nothing new, but rather clarification of the terms. This is approved by the board.

#### 4. NFYOG

Trygge hænder campaign – trying to get budget for this course in Norway. It is a training program. Johanne will have the material translated – that will cost 50.000 Norwegian kroner. They also would like coverage of the travel and food expenses for the 7 undervisere. Either they should apply the NFOG fund or it should be as a board initiative. AKS recommends to support the project. Agnethe Lund suggest Scientific Committee will look at the rules. Michelle will come up with a formal proposal.

Working with a pilot for Nordic exchange. Talk about whether the NFOG fund should prioritize Nordic exchange more than exchange visits other places in the World. Maybe a change of the 'list' for the Fund with regards to prioritization. Vasilis states it is already written so in the rules of the fund.

#### 5. Webmaster

The new webmaster is working on getting to know the webpage in order to later be able to improve it.

#### 6. AOGS

Amar presents the board of ACTA and the numbers of manuscripts received. The total number of submissions are going up, but the number of Scandinavian manuscripts are going down, which is worrying. Impact factor now is 3.1.

We have an application from Sidsel Boie from DK to be a new associate editor instead of Charlotte Ekelund, who has stepped down. This is approved by the board.

Problem with the Wiley review system. Maybe Sweden can not extend the translational agreement, and then we have 3 Nordic countries, who have not the agreement.

Vasilis and Alexander meet with Andreas from Wiley in next week.

#### 7. Nord-act

No news since the rapport in the NFOG congress

#### 8. EBCOG

Alexander has nothing new to rapport from EBCOG. Frank Löven will step down as the president of EBCOG as he is now the new president of FIGO. Sambit Mukhopadhyay president elect from UK will take over from Frank.

Anna Aabakke has raised a concern about, whether EBCOG will be underprioritized as they have board members also in FIGO.

#### 9. FIGO

Good FIGO congress in Cape Town. Main emphasis at the congress was on PPH. New guidelines on PPH from WHO, FIGO and ICM came out at the same time. At the FIGO congress, Frank Löwen from Belgium was elected new president for FIGO, and Ravi Chandran from Malaysia was elected new president elect. Sweden had a seat in the council in the second voting round.

#### 10. NFOG 2025 Uppsala

The financial reviewing is not yet finished, but will be soon. The aim was a budget neutral congress, but it looks like there will be a surplus around 700.000 Swedish kroner. Around 930 registrars for the congress, which was a little more than expected. Thank you for a great congress!

#### 11. NFOG 2027 Tampere

The organizing committee has started to plan the congress in Tampere, plans are going forward.

#### 12. Economy

Nothing new except from fraud attempts. Mails from Alexander with requests for different favours/money are frauds!

#### 13. NFOG e-Textbook

Two podcasts are launched. There is an ongoing work on updating the chapters in the textbook, this will probably be finished within the next year.

### 13. Planning/dates of upcoming Board meeting

Suggestion: Board meeting in Copenhagen 26+27<sup>th</sup> March 2026. This is approved. DSOG will make the arrangements for the meeting. ACTA will try to have their Board meeting in connection with this – then we should plan together with Susanna from ACTA.

There is a question about the board meeting in the autumn. This will be held in Tampere after the deadline for the applications for the NFOG fund, so late in October or start November. Preliminary dates 1-3 November with dinner Sunday 1<sup>st</sup> evening and meeting start Monday 2<sup>nd</sup> in the morning and finishing Tuesday midday in order for people to go home.

### 14. News from the national societies, SFOG, DSOG, FÍFK, SGY, NGF.

Norway (NGF) had a big national meeting, which was a great success – touching unassisted home deliveries in Norway + recruitment and retention of doctors. Working on a spring meeting together with anesteziologists.

Finland (SGY): New menopause guideline published. A meeting for the gynaecologists is coming up.

Iceland (FÍFK): Had the general meeting in May and extra meeting in August to change the bylaws. FÍFK is putting pressure on health authorities to publish revision of the guidelines about where to give births. Are in the process of changing to NIPT screening.

Denmark (DSOG): Also a new guideline for menopause coming up. A lot of interest from the surrounding society – will try a proactive strategy.

Sweden (SFOG): Discussion about obstetric violence together with the midwives. Webinar every month, which is a new initiative from SFOG.

Question: Is there a link to the different societies guideline of the NFOG webpage? Not any more, there has been. There are links, but they need to be updated.

In Norway more and more patients and health care workers are going in the private. Delivery still have to be in the hospitals, but it is a raising issue with the private sector.

### 15. Other business

None

### 16. Closing of the meeting

AKS thanked everyone for attending and closed the meeting.

Marie Søgard, Secretary General

Copenhagen 31st of October, 2025