



NFOG Board meeting March 2026

Date: 26-27th March, 2026

Starting 10.00 the 26th. Lunch will be at 13.00, joint meeting with AOGS 14.00-17.00,

Starting 9.00 the 27th and finishing with lunch at 13.00

Place: Hotel Kong Arthur, Nørre Søgade 11, Kbh K

Present members:

NFOG officers: Alexander Kristinn Smáráson (President), Marie Søgaard (Secretary General), Vasilis Sitras (Incoming Treasurer)

National societies: Mette Fabricius (DSOG), Matthildur Sigurðardóttir (FÍFK), Marion Ek (SFOG), Ulrika Ottander (incoming president SFOG), Päivi Polo (SGY – attending online Friday), Agnethe Lund (president NGF).

NFOG Committees/Activities: Mathias Grøn Böckel-Lundorff (Chair NFYOG), Amar Bhide (Chief Editor AOGS – attending Thursday), Niels Ulbjerg (NFOG Textbook – attending online Friday), Heiðdis Valgeirsdóttir (NORD-ACT, member of SC), Karolina Louvanto (Congress President, NFOG Tampere 2027), Kristiina Rönö (Webmaster),

26th of March at 10:00-13:00

1. Opening, approval of invitation and agenda (5 min)

Presentation of the board members. The agenda is approved.

2. Approval of minutes NFOG Board meeting online 31st October, 2025 (5 min)

The minutes are approved. They can be found on the NFOG webpage.

3. Scientific Committee (SC) and NFOG Fund Applications March 2026 (30 min) – NOSS application

Heiðdis Valgeirsdóttir from SC presented the applications and the grants

22 applications, 6 from Denmark, 5 from Finland, 3 from Norway and 8 from Sweden. 14 met the requirements, 4 were rejected (not in accordance with the Fund criteria) and 4

had a reduced amount of money in line with the rules of the Fund. The board approves the Scientific Committees recommendations. Total amount 258.004 Danish crowns.

NOSS have not used all the money from a former grant (spring 2023), and are asking, whether it will be okay to use the spare money in 2026, even though the grant was given more than 2 years ago. The board agrees on this.

4. NFYOG – including application for the safe hands project (30 min)

Chairperson Mathias Grøn Böckel-Lundorff presents the activities of NFYOG. The NFYOG has a focus on using the social medias more for inspiration between the Nordic countries. They have made a road map of different activities in the Nordic countries covering the year. They also have a focus on the website, the exchange program and the campaign 'Trygge Hender' (Safe Hands). They are planning to have a NFYOG education prize for an outstanding trainer. The board states that it is important with rules, so it is a transparent process. NFYOG is working on a Nordic Exchange program, which they plan on starting in the fall of 2026, so the applicant can apply the NFOG fund for funding.

Trygge Hender: A program focused on training the trainers. NFYOG will like to translate the material from Norwegian to English. Discussion about, that the various Nordic countries would like to see the material before deciding whether and how to use it. Mathias presents budget options. The National societies need to look through the material in order to decide, whether to use it in their home countries – and then we will have it on the agenda for the board meeting in November in order to decide, if we should support it. Mathias will send us the requested material.

5. Webmaster (15 min)

Kristiina is showing the mail list for the NFOG board. Mail Kristiina if there are changes. We go through the aims and purpose of the NFOG website. Kristiina will look at the design of the webpage. The guidelines will be removed and instead there will be links to the national societies. Subjects on the webpage, that have been there longer than 5 years without being renewed, will be taken away. Kristiina will together with the officers explore the possibilities for an electronic archive, which we need to have.

Unfortunately, it is impossible to keep the list of all the Nordic thesis, so it will be taken away from the webpage.

11:30-11:45 Coffee

6. EBCOG (5 min)

Short written report from Anna Aabakke. They have a meeting this weekend. The 2027 EBCOG congress will be in Rome. They are suggesting a Nordic candidate for the scientific committee. Elections for the next president will be in November 2026.

7. FIGO (5 min)

Nothing new.

8. NFOG 2025 Uppsala (10 min)

The Uppsala NFOG congress surplus was 781701 SKK and the NFOG share was 176323 DKK (one third of the surplus goes to NFOG according to the statutes).

9. NFOG 2027 Tampere (15 min)

The congress president tells about the congress and the facilities. Precongress workshops will start Tuesday 24th August in the afternoon. The congress will run from Wednesday 25th to Friday 27th August. A roughly draft of the program is being presented. The next board meeting will be in Tampere.

13:00 lunch

14.00-17.00 AOGS-NFOG JOINT SESSION

14:00 **AOGS Journal situation and report** – Amar Bhide

Wiley Publisher´s Report – Mie Bak

15:00-15:30 BREAK

15:30-17:00 **NFOG treasures Report:** Vasilis Sitras: The budget for 2025 is balanced. We have a surplus, that will go to the NFOG fund and a part will be used for NFOG/trygge hender if the national societies approve.

NFOG news: Alexander Smáráson

NNLO Report: Meryam Sugulle: The course was full. The various subjects were covered with speakers from the various Nordic countries. The organisers were very satisfied and hope to repeat the course.

27 March 9:00-13:00

10. NFOG 2030 Reykjavik (10 min)

Matthildur gives a report about the current status. There are several people that would like to help in organizing the congress, but they still need a congress president – the solution is on the way. The venue has been chosen and booked, and there is a congress organization bureau affiliated. The dates will be 25th (starting with pre-congress workshops) to 28th of August 2030. The NFOG board and the scientific committee will help with the program, lectures, speakers etc.

11. General assembly 2028 or 2029? (10min)

According to the statutes, a general assembly is to be held every second year. At the general assembly in Tampere in 2027, we will request an exception so that the interval will be three years this time. The next general assembly will therefore take place in Iceland in 2030. Consequently, in Tampere we will present a three-year budget for approval, along with the request for the temporary exception to the standard two-year cycle.

12. Discussion about if it can be avoided the subspeciality Nordic congresses are held in the same year as the NFOG congress (15 min).

We will talk to NFOG members of the Nordic subspeciality societies and inform them that the Nordic congresses will be held in 2027 and 2030. Also ask if they could take this into account when planning their congresses and invite them to take part in organizing the NFOG congress and help – f.ex with pre-congress symposium and suggesting subjects and speakers.

13. NFOG e-Textbook (Niels Ulbjerg virtually the 27th – 9.15 am): 230 authors – ambition is to have all Nordic countries presented in the 60 chapters.

Topic: How do students study. Training tools in some of the chapters. This consists of MCQ, podcasts and AI-supported cases. The students get feedback after answering the questions. There is a wish from the textbook editors for younger doctors from NFYOG to join the text book work. One member per chapter and they should be responsible for podcast, MCQ-feedback and AI-supported cases. Mathias from NFYOG is positive, but state that maybe they should start with podcasts and AI-supported cases. Maybe it could be a cooperation between the senior author of a certain chapter and the younger doctor affiliated to this chapter – then they could decide what the younger doctor should contribute with. A suggestion is to hold a physical meeting – maybe starting with 15-20 younger doctors. It is the text in the textbook, that is used for the AI-supported cases. The textbook has 60.000 hits per year.

14. Future board meetings and who should be invited to attend.

The standard has been, that the incoming president joins together with the outgoing president at the last meeting . Discussion about whether the vicepresident should have the possibility of joining all the meetings. A flexible solution is proposed based on the incoming presidents experience with the NFOG work and members on the Board from that national society.

15. Planning/dates of upcoming Board meeting (Tampere 2+3rd November 26). Many of us will have to fly in Sunday 1st November. Arrangements for the meeting, hotel and dinner will be made by the local committee.

The next meeting after this will be 15+16 April 2027. We will decide later on whether it should be physically or online. If physically, we will probably go to Stockholm. If online, maybe 2 times a half day meeting, as a full day meeting online is quite exhausting.

10:30-10:45 Coffee

16. News from the national societies, SFOG, DSOG, FÍFK, SGY, NGF

SGY: No special news from Finland

SFOG: Concerned about the transition from ICD 10 to ICD 11. WHO is responsible for the ICD system. They have found a lot of problems with the definitions + missing some of the subcodes. A suggestion for the Nordic countries to express their concerns together. Nordclass is the organization to go to, and they can take it on to WHO. Suggestion about inviting Nordclass to participate online in the NFOG board meeting in Tampere (SFOG takes the contact). Aiming for a Nordic online meeting in May. Marion Ek is responsible for the meeting.

SFOG has scheduled a monthly webinar, that can also be accessed on the webpage for 2 years.

The next NFOG chairperson should be from Sweden according to the rotation.

NGF: A new board, that works well. Good collaboration with the young doctors. Focus on recruiting and keeping doctors in the hospital as more and more has become privatized. NGF has taken an initiative to promote science. New abort law with free termination until 18th week of gestation. Discussion on 1 trimester screening for PE is ongoing and a decision by Beslutningsforum is awaited.

FÍFK: 2 major things going on: Review of current Guidelines on the place of birth according to risk profile should be ready soon. This will include guidelines for women and health workers in cases when women with risk factors have decided to deliver not in line with the guidelines. It came to the attention of FÍFK that the ministry of Health has asked for public opinion for possible expansion of midwives right to prescription, counselling and so on. The FÍFK has taken this on to the doctors association and further on to the health ministry. At last this spring NIPT will replace the combined 1 trimester screening.

DSOG: The guideline work is something that takes up a lot of attention and time. In DSOG we have had a health journalist associated for the last year. The general assembly is coming up and we will have new persons in different positions.

Nord-act: The scope of Nord-act is explained. There are 2 from each Nordic country in the group. In order to be a Nord-act study, it needs at least 2 Nordic countries to participate. Nord-act symposium at the NFOG congress in Uppsala. There are 3

ongoing or planned Nord-act trials: Noract, PI4, MIBAC. 4 meetings pr year, most of them online, preferably 1 on-side.

17. Other business

18. Closing of the meeting

Marie Søgaard,

Copenhagen 27th March 2026